



HENLEY ROAD • NOTCUTTS • RUSHMERE

Rushmere Hall Primary School Hockey After School Club

Pupils from Years 3 and 4 at Rushmere Hall Primary School have been playing hockey in an after school club since September, coached by Heather Dixon, the Ipswich School Sports Centre (ISSC) Sports Development Officer.

For most of the pupils this was the first time they had played hockey, and they enjoyed developing new skills in the weekly sessions. ISSC supported the pupils and a teacher to attend a special training session on the astroturf at the Rushmere centre, so that they could experience hockey on a high-class playing surface.

One pupil, Olly from Year 4, explained about his hockey experience.

“It was really exciting to play on the astro because it was our first time not playing in the playground at school. I enjoyed the slap move we did; the bad thing was that I could not play in a match because I had a fractured finger from playing basketball! I usually do the pass and push move – when I started I had no idea what it was. I have done extra hockey in the holidays and joined a club now.”



Paul Stock, Rushmere Hall head teacher, added: “Promoting sport and out of school activities is very important to us at Rushmere Hall. We know that the skills learnt through sport can impact on all areas of learning. I am pleased that our children have benefited from a quality after school club provided by Ipswich School Sports Centre.”

The after school sessions were offered at a reduced rate to the school as part of Ipswich School’s community outreach work, making them very affordable for parents. If you would like your school to benefit from a similar scheme, please contact Heather Dixon:

htd@ipswich.school

